



# Ride the Road

A school bike education curriculum



Presented by

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Your **Cycling** Connection



# OVERVIEW

## Why teach cycling?

### Ride the Road: a five part curriculum

- Why Bike? And helmet safety
- Demystify your Bike
- Cycling Skills
- Traffic safety
- Road Ride



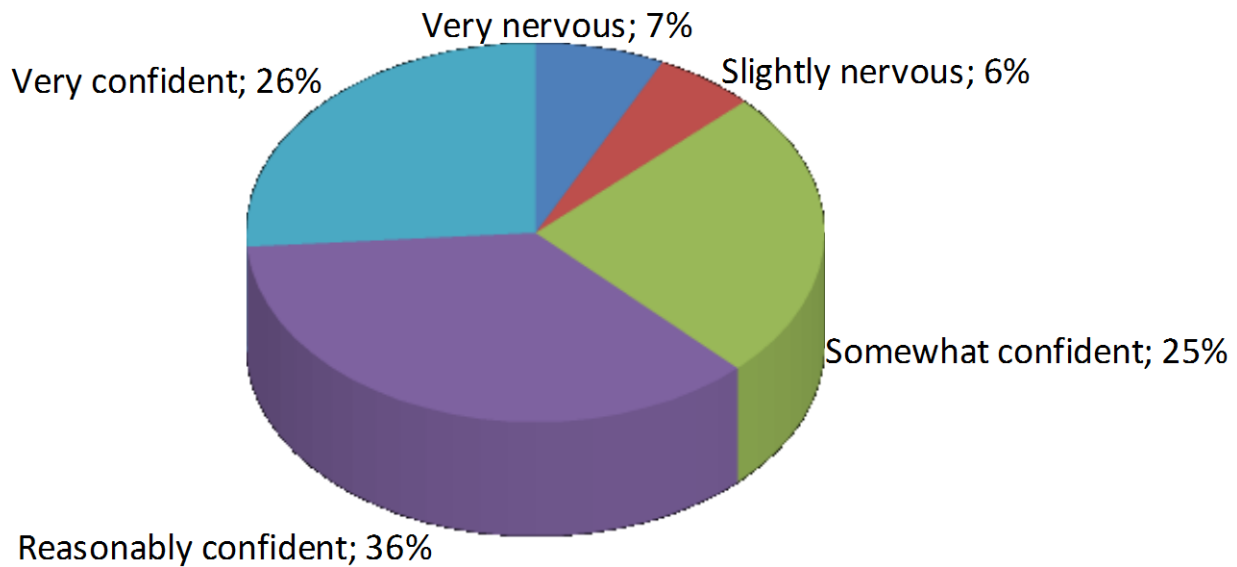
# *Why teach cycling?*

- **Transportation habits**
- **Health and Safety**
- **Environment**



# Why teach cycling?

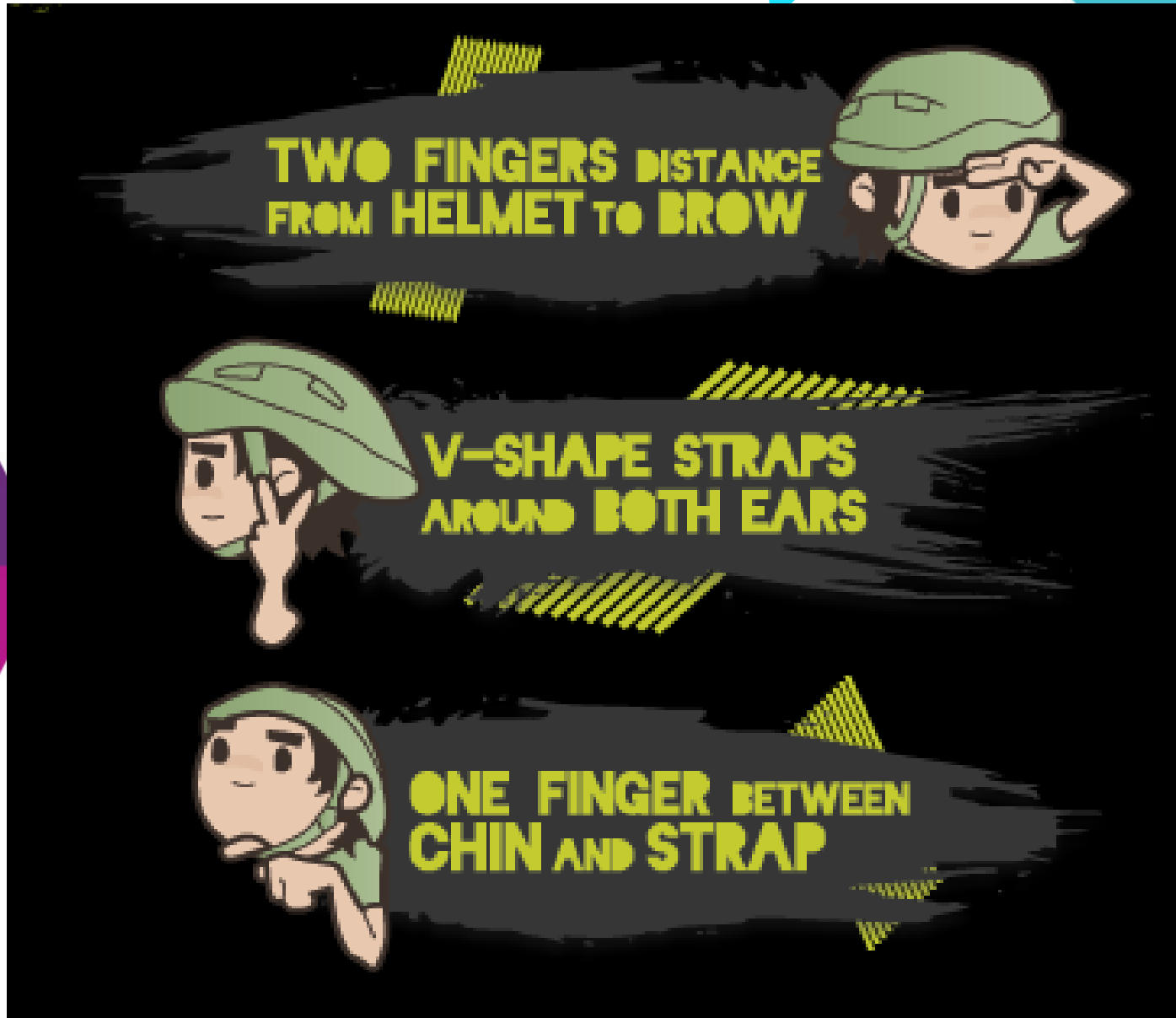
## How confident are you riding in traffic?



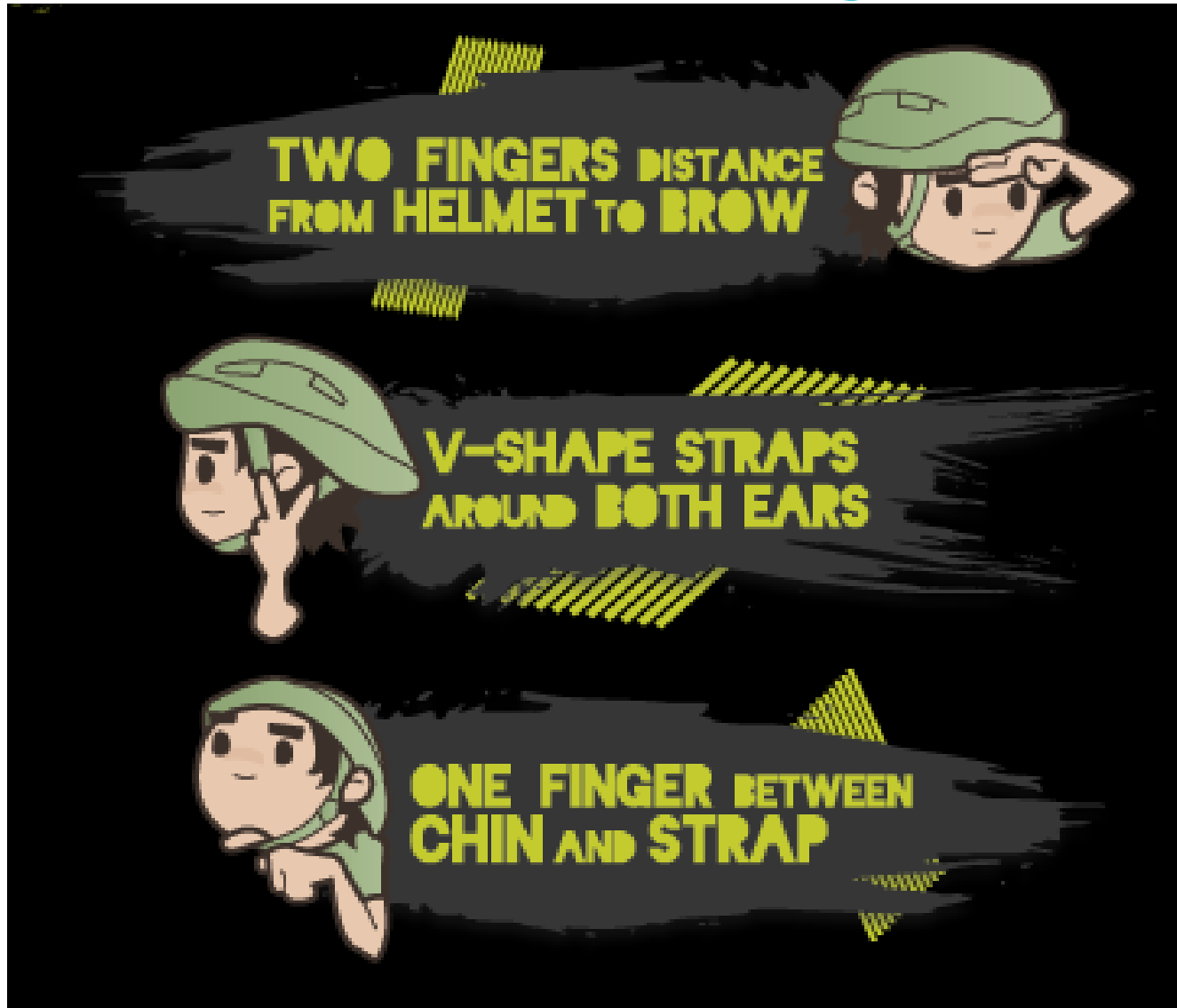
# Why Bike?



# helmet safety



# helmet safety



# Demystify your Bike

## The ABC Quick Check



# Demystify your Bike

## The ABC Quick Check



# Demystify your Bike

## The ABC Quick Check



# Bike handling skills



# Bike handling skills

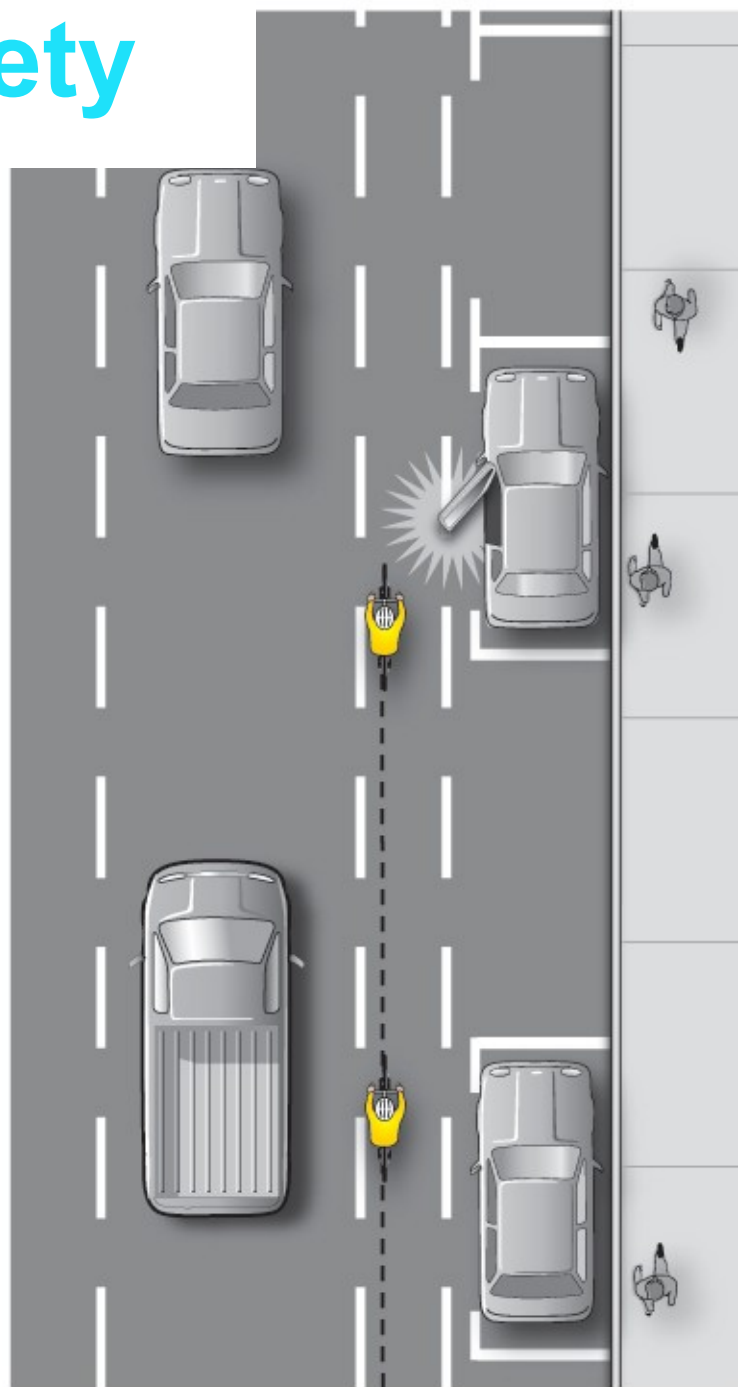


# Bike handling skills

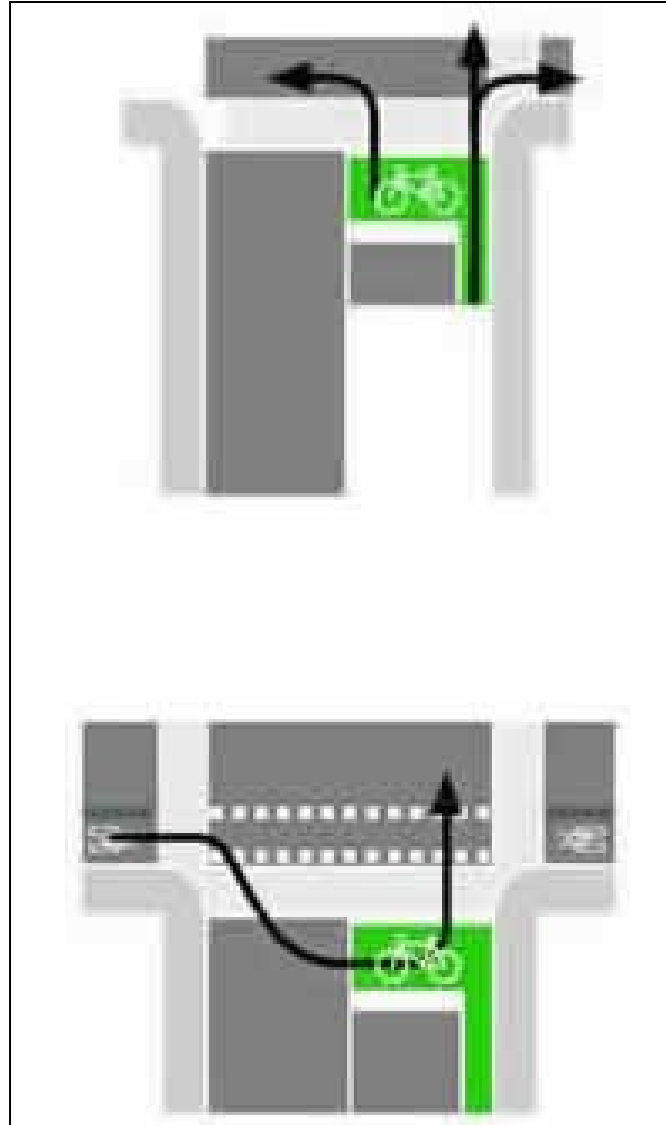


# Traffic Safety

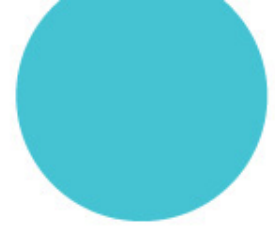
*Be an  
MVP  
Cyclist*



# Bike-specific lights and lanes



# Road Ride



# Road Ride



# Road Ride



# Is it working?



“The program was a huge success! The benefits of [Ride the Road] are visible at the entrance of our front doors where dozens of bikes are on the racks”  
-Kim Johal, New Westminster teacher



# Happy and Safe Cycling!



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